



Personalized support throughout your weight loss journey

vBloc® Achieve is a personalized weight loss support program that works alongside vBloc® Therapy to help you reach and maintain your health goals. While vBloc Therapy addresses hunger signals and cravings, vBloc Achieve provides emotional support and helps you make positive lifestyle changes, including healthy, balanced eating and regular exercise, that are essential to long-term success.



Coaching

Convenient, one-on-one remote coaching

with a Registered Dietitian focuses on your nutritional needs, lifestyle changes and emotional support.



Tracking

Simple weight tracking technology using the Ambio®

Wireless Scale syncs readings to a secure account, allowing your dietitian to provide real-time feedback and coaching.



24/7 Resources

Easily accessible online resources,

including food and exercise tracking tools, educational guides, videos and more.

live fully.

Get started today by registering at vbloc.com/achieve.

Together, vBloc Achieve and vBloc Therapy can help you reach your health and weight loss goals! For more information, please call **518-855-1432** or email us at vbloc@bmiq.com. See reverse for important safety information.

IMPORTANT SAFETY INFORMATION

The Maestro® System is for use in helping with weight loss in people aged 18 years through age 65 who are obese, with a Body Mass Index (BMI) of 40 to 45 kg/m², or a BMI of 35 to 39.9 kg/m² with a related health condition such as high blood pressure or high cholesterol levels. Individuals should have first tried to lose weight by diet and exercise in a supervised program within the last 5 years before receiving the Maestro System.

You should not have the system implanted if you: have cirrhosis or high blood pressure in the veins of the liver, enlarged veins in your esophagus or a significant hiatal hernia of the stomach; need magnetic resonance imaging (MRI) or a diathermy procedure using heat; or have an implanted electronic medical device.

The most common related adverse events include pain, heartburn, nausea, difficulty swallowing, belching, and abdominal cramping. Talk with your doctor about the full risks and benefits of vBloc® Therapy with the Maestro System.

To learn more about vBloc Therapy, visit www.vbloc.com or call **1.800.MY.VBLOC**.

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